

AQUA-TALK

Speech-Language Therapy Program

What is AQUA-TALK?

AQUA-TALK is a series of summertime “Splash & Talk” pool groups by SPEECH PATHways (pediatric speech-language pathology practice) that encourage social skill and speech development among kids with language and learning disabilities. Groups are available for all ages (Pre-school through High-School).



Goals of AQUA-TALK

- Improve peer relationships
- Learn to read and respond appropriately to social cues
- Learn to read and use body language appropriately
- Learn to identify, express and respond to emotions
- Improve communication and social exchanges
- Learn to work as a team
- Build and maintain friendships

What are the Benefits of Pool Therapy?

Water is a fun place to learn and is a natural motivator for children! The pool provides an engaging environment in which children with special needs can move more freely. The water offers children mobility that they may not otherwise have due to the natural buoyancy. Aqua therapy may also:

- Help make kids more aware of their bodies (movements, breathing, posture)
- Help to normalize tone
- Improve trunk stability and posture to help support speech
- Increase range of motion
- Increase coordination
- Improve visual-spatial and perceptual skills
- Improve motivation and arousal
- Offer natural resistance that increases muscle strength and endurance
- Improve social skills.

Who Would Benefit from AQUA-TALK?

Children with any of the following challenges would benefit:

- Autism Spectrum Disorders
- Cerebral Palsy
- Sensory Integration Dysfunction
- Neurological Impairments
- Developmental Delays
- Down Syndrome
- Language/Learning/Perceptual Deficits
- Social/Pragmatic Deficits
- Visual or Hearing Deficits

Location/ Registration

Groups meet at Four Seasons Sports Complex in Hampstead (2710 Hampstead-Mexico Road Hampstead, MD 21074).

Fall 2007 classes are forming now (Fridays only)! For more information or to register, contact SPEECH PATHways at 410.374.0555 or visit www.speechpathways.net